

Annual Report Fiscal Year 2010



For the fiscal year  
ending June 30, 2010



# To MEAAA'S Constituents

---

**By Mary E. Schaefer**  
**Executive Director**

Mid-East Area Agency on Aging (MEAAA) has had a challenging year. The economic downturn has affected funding and donations. MEAAA has continued to provide seniors with services and programs while receiving less funding and some one time stimulus funds. The dedicated board, volunteers and staff have worked very hard to keep expenses to the bare minimums. We have worked in partnership with other community organizations to fill the gaps created by the ailing economy. Although MEAAA has operated for 37 years, many seniors are still unaware of the many types of assistance MEAAA has available. You can spread the word by sharing MEAAA information with your friends and neighbors.

MEAAA is dedicated to providing, caring and connecting seniors to the resources and services that can make a difference between remaining in their own homes and moving to more expensive long term care facilities pre-

maturely. Assisting seniors through the journey of aging is our mission and includes services such as delivering meals, respite, information, transportation, meaningful opportunities to volunteer, and more.

Your support of MEAAA services provides help for those who have built our country. MEAAA is honored to have the privilege to assist elders to remain in the communities where they have worked for a lifetime — seniors such as Mr. D., who was homeless, living in his car, but still volunteered at the senior center every day. Housing was located for him and he continues to volunteer.

Thank you for helping make the MEAAA mission and vision real for thousands of seniors in our community.





**Our Vision ...** is for seniors and their caregivers to have opportunities to lead satisfying, productive lives with health, honor and dignity.

**Our Mission ...** is to assist adults through the journey of aging.

**Mid-East Area Agency on Aging**

14535 Manchester Road  
 Manchester, MO 63011  
 636-207-0847 or 1-800-AGE-6060  
[www.mid-eastaaa.org](http://www.mid-eastaaa.org)  
[info@mid-eastaaa.org](mailto:info@mid-eastaaa.org)

**In Memoriam**  
**John (Jack) Anderson,**  
 Silver Haired Legislator,  
 former board member  
**Hulane (Huey) Strong,**  
 Advisory Council member,  
 former board member

**Mid-East Area Agency on Aging**

**Board of Directors 2009-10**

**Arthur Visor, president**

Merline Anderson, Martha Brown, Carrie Cafazza, Joan D'Ambrose, Thomas Diehl, David Harju, Ken Hawkins, Ed Hillhouse, Fritzi Lainoff, Carol Lowe, Rose Terranova, Karen Green, Debbie Noblitt, Ann Hanke, Phyllis Reed, Elaine Rodery, Mary Swan

**Advisory Council 2009-10**

**Lily Ko, chair**

Anna Carmi, Kay Cheatham, Ruth Clerkley, Andrew Duff, Patrick Fontane, Ann Hanke, Hank Hermosillo, Laura Jones, Patty Marshall, Mary Lou O'Connell, Ralph Queen, Gussie Roberson\*, Linda Schneider, Elizabeth Smith, Bob Snyder, Marvin Westhoelter, Linda Willis

**Silver Haired Legislature 2009-10**

**John (Jack) Anderson, chair**

Kay Cheatham, Janet Cunningham, Andrew Duff, Elmer McCart, Ben Miller, Mary Lou O'Connell, Ralph Queen, Gussie Roberson, Don V. Roloff, Linda Schneider, Elizabeth Smith

**Mid-East Area Agency on Aging Foundation**

**Board of Directors 2009-10**

**Diane Keefe, president**

Barbara Bindler, Ivan Blumoff, Christina Bross, Kendall Brune, Arlene Caplan, Suzanne Corbett, Nathaniel Crump, Diane Greenspan, Alice S. Handelman, Andrea Lampert, Phyllis Langsdorf, Ron Nelson, Marilyn Olschansky, Jean Payuk, Roz Rothman, Bonnie Solomon, Maureen Smallwood, Anne E. Rice-Sosne, Mary S. Swan, Al Ukman, Arlene Taich

\*Honorary lifetime member

# Highlights of FY 2010



- ◆ (Top, left) The Mid-East Area Agency on Aging Foundation's **first-ever Trivia Night event** generated more than \$5,000 in funding for MEAAA programs.
- ◆ (Middle, left) MEAAA Executive Director Mary E. Schaefer (left) with Steve Davis, who presented his "Memories of Elvis" show at the **34th annual MEAAA Senior Fair** on May 19, 2010. More than 600 seniors attended the fair, which featured health screenings, games, prizes and live musical entertainment.
- ◆ (Bottom, left) **The Sullivan Senior Center honored its veterans with a special celebration** on Veterans Day 2009. Administrator Rita Boyle read a poem titled "For the Fallen," and members of the local VFW post recognized each veteran by pinning a red ribbon on each one's lapel and shaking each one's hand, thanking him for his service.

## **The Nutrition Department, during FY 2010:**

- Delivered more than 607,000 meals through the MEAAA Meals on Wheels program and served more than 260,000 meals at senior centers.
- Implemented use of laptops for supervisors to improve communication and support to centers
- Improved turnover rate
- Upgraded multiple senior centers (St. Peters, Wentzville, Kirkwood)
- Established quarterly training meetings for cooks
- Increased Medicaid funding
- Implemented new staffing modules for productivity and cost containment
- Provided health screenings to 3,500 people through the senior centers.

## **The Information & Assistance Department, during FY 2010:**

- Helped more than 250 people enroll in prescription assistance programs with an estimated average cost savings of \$2,000 per person
- Assisted with more than 200 Benefits Check-up Screenings
- Cleared the wait list for In-Home Respite by implementing a flexible, consumer-driven model
- Made 60 referrals to Rehab Services for the Blind
- 4,200 people contacted through Public Information
- Handled more than 14,000 calls for information

# MEAAA Statement of Activities

## For the Year Ended June 30, 2010

---

### REVENUES:

Missouri Department of Health and Senior Services	7,105,000
Missouri Department of Transportation	193,656
Missouri Division of Medical Services	240,022
Program Income	924,460
Interest Income	1,409
Other Cash - DHSS Match	251,941
Other Cash - Non DHSS Match	141,741
<b>Total Revenues</b>	<b>8,858,230</b>

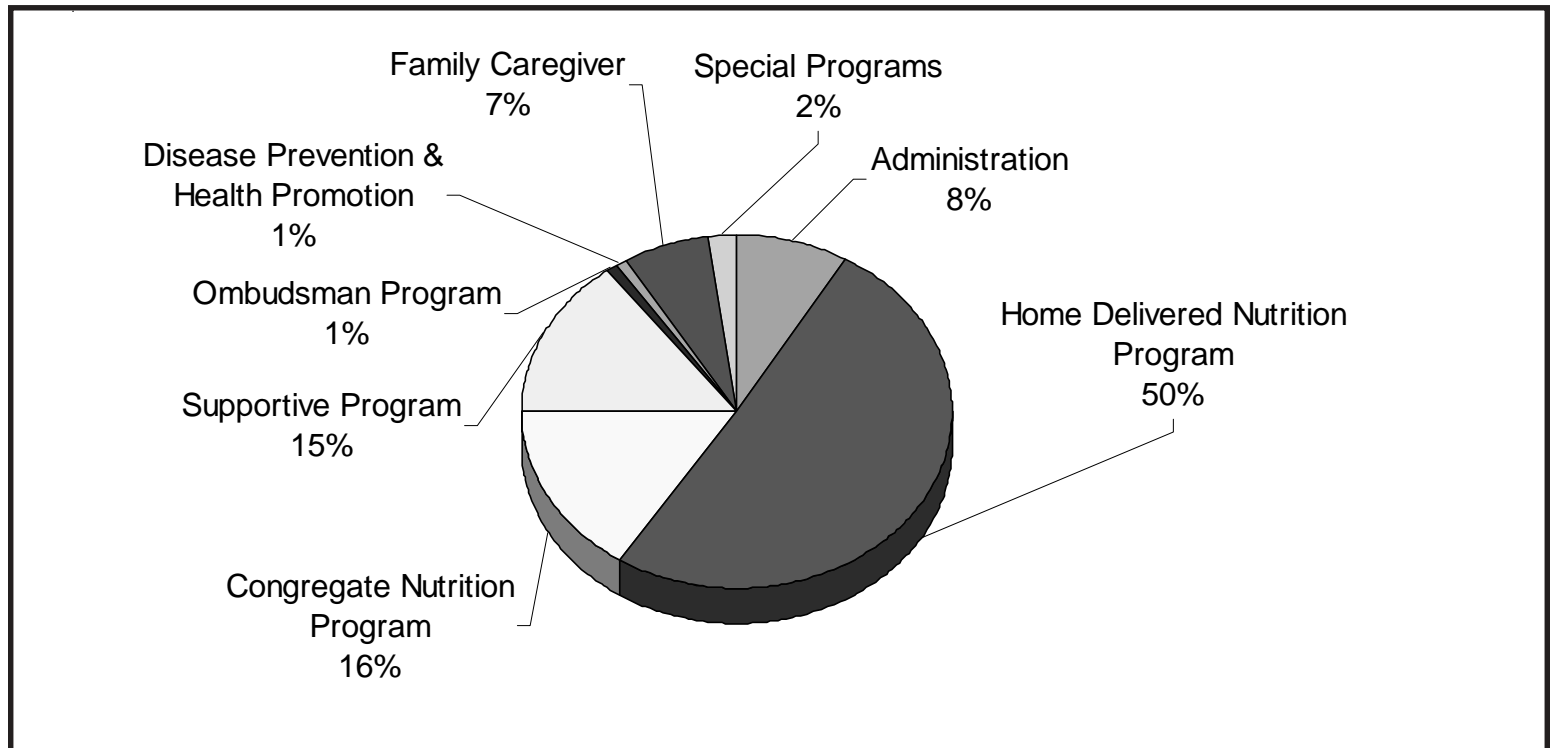
### EXPENDITURES

Administration	765,727
Supportive Program	1,347,185
Ombudsman Program	77,335
Congregate Nutrition Program	1,446,115
Home-Delivered Nutrition Program (Meals on Wheels)	4,663,754
Disease Prevention & Health Promotion Program	64,275
Family Caregiver Program	605,614
Special Program	193,449
<b>Total Expenditures</b>	<b>9,163,454</b>

# FY 2010 Expenditures (In-kind excluded)

---

Administration	\$765,727
Home Delivered Nutrition Program	\$4,663,754
Congregate Nutrition Program	\$1,446,115
Supportive Program	\$1,347,185
Ombudsman Program	\$77,335
Disease Prevention & Health Promotion	\$64,275
Family Caregiver	\$605,614
Special Programs	\$193,449



*Funding of Expenditures*

Older Americans Act	\$3,977,236
Social Services Block Grant	\$204,136
USDA/NSIP	\$574,260
ARRA Funds	\$349,345
Medicaid	\$240,022
Other Grants (MIPPA & Chronic Pain Management)	\$16,671

<b>Total Federal Support</b>	<b>\$5,361,670</b>
------------------------------	--------------------

*State General Revenue*

Administration	\$747,805
Supportive Services (other than transportation)	\$24,557
Congregate Meals	\$101,494
Home-Delivered Meals	\$1,054,982
Home-Delivered Meals Trust Fund	\$14,789
MEHTAP (Transportation)	\$193,656
Ombudsman Coordinator	\$15,000
Other	\$24,725

<b>Total State Support</b>	<b>\$2,177,008</b>
----------------------------	--------------------

*Other Funding Sources*

Program Income	\$924,460
Interest Income	\$1,409
Other Cash - DHSS Match	\$251,941
Other Cash - Non DHSS Match	\$141,741
In-Kind Match (Volunteer Services and Donated Goods)	\$2,902,313

<b>Total Federal Support</b>	<b>\$5,361,670</b>
------------------------------	--------------------

<b>Total State Support</b>	<b>2,177,008</b>
----------------------------	------------------

<b>Total Local Support</b>	<b>\$4,221,865</b>
----------------------------	--------------------

<b>Grand Total Funding</b>	<b>\$11,760,543</b>
----------------------------	---------------------

**MEAAA Funding Sources FY 2010**





# MEAAA Senior Centers



## St. Louis County

- Afton** 9801 McKenzie Road, 63123 ..... (314) 544-5100
- Bridgeton** 4201 Fee Fee Road, 63044 ..... (314) 739-5572
- Creve Coeur (Covenant House)** #2 Millstone Campus, 63146 ..... (314) 567-4910
- Eureka (Route 66)** 500 N. Central, 63025 ..... (314) 938-5525
- Florissant (Pope John Paul II)** 6325 Waterways Dr. .... (314) 741-1930
- Kirkwood** 385 S. Taylor, 63122 ..... (314) 965-1002
- Manchester (West County)** 14535 Manchester, 63011 ..... (636) 227-3882
- Moline Acres (Northside)** ..... (314) 867-5661
- Normandy (St. Jane Center)** 7530 Natural Bridge, 63121 ..... (314) 383-6539
- Shrewsbury** 7677 Watson Road, 63119 ..... (314) 968-8720
- Lemay (South County)** 9451 Gentry, 63125 ..... (314) 631-8698
- University City (Crown Center)** 8350 Delcrest, 63124 ..... (314) 991-3119
- University City** Centennial Commons, 7210 Olive Blvd., 63130 ..... (314) 721-2722
- Webster Groves** 546 N. Elm Ave., 63119 ..... (314) 961-4004

## St. Charles County


- O'Fallon** 106 N. Main St., 63366 ..... (636) 272-4180
- St. Charles** 1455 Fairgrounds, 63301 ..... (636) 949-0658
- St. Peters** 108 McMenamy Road, 63376 ..... (636) 278-2410
- Wentzville** 506 S. Linn St., 63385 ..... (636) 327-8720

## Jefferson County

- Arnold** 1695 Missouri State Road, 63010 ..... (636) 296-0475
- Crystal City (Quad-Cities)** 221 Bailey, 63019 ..... (636) 937-8333
- De Soto** 13225 State Road E, 63020 ..... (636) 586-8833
- House Springs (Northwest Jefferson County Senior Center),** 6180 Highway MM, 63051 ..... (636) 677-4578

## Franklin County

- St. Clair** 310 Park Ave., 63077 ..... (636) 629-2187
- Sullivan** Sappington Bridge Road, 63080 ..... (636) 468-3766
- Union** 205 N. Washington, 63084 ..... (636) 583-5432
- Washington** 2nd & High Sts., 63090 ..... (636) 239-3374

A corkboard with a wooden frame. In the center, there is a white rectangular box containing text.

Prepared by the  
staff of Mid-East  
Area Agency on  
Aging